

Astor Connection



Character Trait of the Month - January

Integrity

Doing the right thing, even when no one is watching.
Doing your best at all times.

News from the Eagle's Aerie

Dear Astor Families:

As we come to the end of January we are also coming to the end of our second quarter. Even though we are halfway through the school year there is still time to focus once again on our personal goals and to adjust and fine tune the steps we must take to achieve them. Now is a good time to sit down with your child(ren) and discuss their progress, celebrate their successes and develop goals and next steps.

Here are some tips for successful goal setting:

1. 1. Be realistic when setting a goal.
2. 2. Create a plan. This allows each step of the way to be visible and attainable for you.
3. 3. Tell others. You will gain support from those who care about you.
4. 4. Track your progress, and do it for 21 days straight; habits are formed in 21 days.
5. 5. Finally, celebrate!

The goal you and your child(ren) set will be most successful if there is commitment from the student as well as the parent. As part of the "tell others" step, be sure to communicate with your child(ren)'s teacher. The teacher can support your child(ren) develop the habits for maintaining a focus to attain the goal. Good luck!

Important Dates

January

- 22nd Astor Spirit Week begins
- 23rd PTSO General Meeting 6pm
- 26th Middle School Dance 1:50 - 2:25pm
- 26th PTSO Family Movie Night 6:00pm
Disney's Moana
- 27th Race & Healing event (see page 4 for details)
- 29th **No School Teacher Planning Day**
- 30th Astor Night at Roosevelt BBall game
- 31st Awards Assembly

February

- 1st Parent Equity Meeting 6pm
- 9th K-5 Family Dance
- 15th Connect To Kindergarten 6:30pm

Cold Weather

Although we have not had a lot of really cold weather yet it is important to make sure your child is dressed appropriately for the cold weather when it does arrive. Dressing in layers is the best way to protect your child(ren) from the cold. If they become too hot a layer can be removed.

Flu Season

Did you know one of the most important things you can do to keep from getting sick is wash your hands? During flu season it is even more important to wash your hands to prevent the spread of germs that would result in sickness.

Stay well,

Sandra Ndubisi

Assistant Principal



Our current attendance percentage is 94.6%.

We are aiming for at least 96% - 98% attendance from now until the end of the year!

If we work together, we can do it!

If you have any questions or need assistance, please contact the school office.

Restorative Justice is a philosophy grounded in the belief that positive, healthy relationships help us thrive. When we do things that impact others and create harm to those relationships, it is our individual and collective responsibility to make things right. Restorative Practices are the skills and processes that help us build, maintain, and repair relationships to form healthy, supportive & inclusive communities. In a school community the philosophy and practice shift the punitive nature of discipline towards a relational and community response to hold us accountable for behaviors that create harm in supportive and inclusive ways. But first, we have to build a strong community, filled with authentic and real relationships between students, staff, parents, and caregivers. Our administrators and several staff members will be attending a two-day training around this philosophy so that we may best utilize these practices at Astor.



The Astor PTSO invites you to join them for Movie Night on Thursday, January 26th for *Disney's Moana*! Doors open at 6:00 pm and the movie begins at 6:30 pm in Astor's cafeteria.

Bring a blanket, low chairs, a picnic dinner and enjoy this family movie.

Popcorn and various light refreshments will be available for purchase.



Counselor's Corner

Astor Families,

In recognition of national 'No Name-Calling Week,' Astor students helped create a kindness wall to display compliments and/or kind words of encouragement. 'No Name-Calling Week' is a time to bring attention to the harmful effects of name calling, and the importance of treating others with kindness and respect. Additionally, several middle school students from our GSA spoke during lunch to all students (K-8) about the harmful effects of name calling. Help us continue to make our school a safe and welcoming place for all students to grow and learn. Talk to your Astor student about the negative impact of name-calling and the importance of treating others with respect and kindness.

If you have any questions or want to know more about 'No Name-Calling Week,' please contact Mr. Knoblich at jknoblic@pps.net or 503-916-6244.

Thank you,

Mr. Knoblich





JANUARY 22nd - 26th

Monday	Pajama Day	Get comfy and wear your PJ's!
Tuesday	Crazy Hair Day	Get out the hair gel!
Wednesday	Sports Day	Wear the gear of your favorite team or sports uniform!
Thursday	Mismatch Day	Paisley & Plaid? Polka Dots & Stripes? You decide!
Friday	Astor Spirit Day	Wear your Astor gear or our school colors, red & black!

Immunization Exclusion Day

For those students who do not have a medical or non-medical exclusion from immunizations, exclusion day for state required immunizations is **Wednesday, February 21, 2018**. Students who are not current will not be able to attend school until their records are complete. Letters will be mailed the first week of February to parents whose children are incomplete and will be excluded if not updated by February 21, 2018. Please arrange for your child to receive needed immunizations so that they can remain in school. The Student Health Centers listed below are conveniently located near Astor. Please call them directly to make an appointment. Your student does not need to attend the school where the center is located. Other health-related services are available at Student Health Centers. Visit <https://www.pps.net/Page/1921> to find out about these services.

Roosevelt High School

6941 N Central St, Portland

Phone: 503-988-3909

Fax: 503-988-5907

Hours: Mon, Wed, Thurs, Fri, 7:45am - 3:45pm | Tues, 9:45am - 5:45pm

George Middle School

10000 N Burr Ave, Portland

Phone: 503-988-3829

Fax: 503-988-5500

Hours: Tues, Fri, 8:30am - 4pm | Wed, 12:45 - 3:45pm

Contact César Chávez on Monday and Thursday.

César Chávez K-8

5103 N Willis Blvd, Portland

Phone: 503-988-3815

Fax: 503-988-6261

Hours: Mon, Thurs, 8am - 3:30pm | Wed, 7:45 - 11:15am

Contact George on Tuesday and Friday.



IMPORTANT REMINDER

Teacher Planning Day is Monday, January 29th so there will be no school for students on this day. The school calendar that was sent home with students lists January 26th as the planning day. This date was changed after the calendar was printed. Students should come to school on Friday, January 26th.

End of 2nd Quarter Middle School Dance

Friday, January 26th

1:50 - 2:25 pm

Astor Gym

ASTOR FAMILY NIGHT AT ROOSEVELT HS BOYS BASKETBALL

Astor families are invited to cheer on the Rough Riders boys basketball team vs. Benson High School on **Tuesday, January 30th**. Mention that you are from Astor and your admission is **FREE!**

Wear your Astor or Roosevelt gear to show your team spirit.

The game begins at 7:15 in the main gym.



PTSO Meeting

TUESDAY, JANUARY 23RD

6:00 - 7:30 PM

ASTOR CAFETERIA

CHILDCARE AND PIZZA PROVIDED!





Astor School Race & Healing

2 Upcoming Events!

Saturday, Jan. 27 at 9:15am

Dr. Robin DiAngelo author of, "What Does it Mean to Be White" will be speaking on Saturday, January 27 at the First Unitarian Church from 9:15 - 11:15 am. The cost of the keynote is \$25. Registration closes at 12 (noon) this Wednesday, Jan. 24 and you can find out more details at the link below. Some Astor parents are attending the keynote and can carpool. If you're interested, details are in the main office with a carpool sign-up.

https://docs.google.com/forms/d/e/1FAIpQLSewQqDVKIQCzMuHTSVbJkVqXZp_oBsNtZxbgdRmXdtSFctQ/viewform

Feb. 1 at 6pm

All Astor parents are invited to attend our next meeting on Feb. 1, 2018 at 6pm in the library. During our meeting we'll identify goals and objectives and map out activities and next steps.

Join us for the auction on Saturday, March 17th from 5:30 - 9:30 pm at the University of Portland, to rally for Astor School.

We still need your help! If you know of a business who might want to sponsor our auction, please let us know. We are also looking for volunteers to help us call businesses to secure auction items. Contact auction@astorptso.org for more information.

ASTOR AUCTION 2018
LOOKING FORWARD
SATURDAY
MARCH 17
5:30-9:30
LEISURE
PARTY
AFTER
BAUCCIO COMMONS, UNIVERSITY OF PORTLAND



John Jacob Astor School K-8

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www.pps.net/astor

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Fax: (503) 916-2605

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District Title VI & Title IX Contact: Carolyn M. Leonard, Compliance (503) 916-3183

District 504 Contact: Tammy Jackson, Student Services (503) 916-2000

American Disabilities Act Contact: HR Legal Counsel (503) 916-3246